

My & Practice

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THE END

L'ESPRESSO

— by Prof. J. W. Dallmeyer, F.R.S.

LICENS'D,

March 15. 1693.

D. Poplar.



Induction, and Exemplary Motives to this Designment.

THE many Volumes that have been writ in Physick by Learned Men in every Age; are all prævious, and in order to the better designing and making of Medicines more certain and effectual in Curing. This is the chief Point aimed at; the center and termination of Study and Labour; the Sum total, and Perfection of all the Learning in this Art: Failure herein, makes all the rest fruſtraneous, and of little value.

The primitive Professors and Fathers of Medical Science, were wholly employed upon the Invention and Preparation of Medicines; making Tryals and Experiments therewiþ, for more certainty in their undertakings; upon which Bottom they laid the Foundation of Physick Art: And their Successors likewise, for many Hundred Years after, continued diligent Preparers of Medicines for their own Practice; many cogent Reasons, urging that most necessary Labour, and indispensable Duty: Thereby improving and gaining a more certain knowledge; securing their Patients from dangerous Casualties; and defending the Secrecy of Art from Proſtitution.

Physicians then of the greatest Repute; were ambitious of acquiring some Medicine extraordinary, most useful and advantagious to the Publick; and it was their Glory accounted, to have their Names Celebrated thereby, as Promoters of a general Good. Praefantissimi Medici Domi suæ, suis Manibus Medicamenta composuerunt, & suis Nominibus insigniverunt. Sennert. Institut. Lib. 5. Sect. 2. Cap. 1. Physicians then were famed by their Medicines; to whom the People did resort for their celebrious Remedies.

But of latter times, the Learned making an unhappy Defection; and changing that ancient, secure, and most laudable Custom; for a conjecturing uncertainty; the Vanity of Pen Practice in Pharmacy; under an Erroneous, but specious Pretence, of forming and appropriating Medicines to Person and Case, by Indications: A casual and hazardous designing of Medicines; not to be contrived and formed by such Measures; as plainly appears in a Tract upon this Subject (The Practice:

Induction, &c.

Practice of Physick Reformed ; whither I refer the Reader, to view the Evidence against this egregious Delusion ; perniciously imposed upon the Credulous World, under the Pretext and Umbrage of Learning, Safety, and the utmost of Art.

Upon this imprudent and fatal Revolt of the Learned ; illiterate Quacks have boldly assumed the Ancient Custom ; and personating the legal Physician ; have so often deluded inconsiderate and unwary People, with their Cheats and Trifles, for infallible and never-failing Remedies ; which hath brought a Scandal upon publishing anything of this Kind ; and thereby bur'd the Publick, from the Benefit and successful Labours, of some Learned, Ingenious, and polite Artists in Pharmacy.

Thus much briefly premised ; to obviate the enui of unskilful weak Heads ; and to stop the Mouths of Malevolent Men, of opposite Interests. I proceed now to the Matter proposed, and satisfaction promised in the Frontispiece.

That a single and singular Medicine, may be endowed with a Power of Universality or Comprehension ; properly and efficaciously to oppose many and various Diseases, in divers Persons ; is what I have undertaken to prove : The Possibility, and rational Probability whereof, will fairly appear ; if you rightly understand as followeth.

I am now going out of the common beaten Road of Physick ; and the vulgar Methods of Physicians ; into unknown Paths, but leading a nearer and more commodious way : Therefore you must not expect my Discourse to comport with the common Notions, and Opinions of other Writers ; yet consonantous with Reason, and justifiable thereby ; confirmed also by Fact.

For your clearer Apprehension ; I have digested the whole Matter methodically and distinctly into three Parts ; treating upon three principal and different Heads. The Agent ; the Work ; and the Instrument.

The First Part, sets forth the Capacity of the Agent, or Efficient in Curing.

The Second contains the Difficulty, and Facility of the Work so to be done.

The Third, shews the exquisite Fitness, and curious contrivance of the Instrument, or Means ; whereby or with, Curing is promoted Comprehensively.

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THE Mystery of Curing COMPREHENSIVELY.

PART I.

*Show ing the Power and Efficiency, of the internal Agent,
in Curing generally.*

THE internal Agent or Efficient, that performs the Office of Curing Human Body in all cases; is the Vital Principle, or Vital Spirit, also called Nature: Which three Names are *Synonymous*, signifying one and the same; and are used here promiscuously. The Capacity, Power, and Dexterity of this Agent, eminently appears in a threefold manner.

First; In the wonderful Draught, and Portraiture of Formation.

Secondly; In the Daily course of Conservation.

Thirdly; In the Exigencies, and attempts of Curation. *Natura est Morborum Medicatrix*: Nature receives, and managereth all Medicinal means, for repairing the Body.

In the first performance of this *Plastic* and *Architectonic* Principle, take Notice; that simple *Spermatic* Humour, was the single matter out of which, and of which only, the (*Stamina*)

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Rudiments of the Stupendious *Fabrick* of Human Body was formed, with different Spermatic Parts: *Bones, Cartilages, Ligaments, Tendons, Membranes, Fibres, &c.* From thence proceeding to *Organize*, and compleat this wonderful *Machine*.

The Second, and continual Operation of this *Regent Vital Spirit*; is maintaining and supplying, the many different Parts of Human Body, with various suitable Liquors, derived from a simple alimentary *Juice* wrought in the Stomach, called *Clyde*.

The third Performance of this Diligent and Dextrous internal Operator; is repairing, mending, and reducing into order, the Structure of Human Body, when decaying, or discomposed; by the *Instrumental* means, and help of *Medicine*.

The First, and Second Operations of this *Agent*, are wonderful; in producing such various strange effects, out of *single* and *simple* matter, as *Sperm*, and *Clyde*; by a transmuting and transubstantiating Power.

Now to make some Remarks from hence; and reduce these considerable Observations, to favour, and support our Design.

1. Here is the wonder of *Formation* with single matter, *Sperm*.
2^{ly}, Here is the daily wonder of *Nutrition* and *Conservation*; by single matter, *Clyde*.

3^{ly}, Then why may not the wonder of *Reparation*, or *Curation*, by *single* Medicine be admitted? Which last operation of *Nature* (the *Regent Principle*) is not so wonderful and unaccountable, as the two former; when I come to shew you the rational *Possibility*, and fair *Probability* thereof; by comparing the *Efficient*, and the *Instrument*; with the *work* to be done.

The First, and Second Performance of this internal *Architect*, and *Conservator* of Human Body; no Reason can demonstrate or explain; yet *Fact* proves them both, and (*Nemine Contradicente.*) are Confest by all.

Why then is the *Third* Performance (of Curation) so incredible, and not to be admitted; that may be comprehended by our Reason? As the Sequel of the discourse will make manifest.

This curious *Architect* (*Nature*) that built the stupendious *Structure* of Human Body; and formed all the various materials thereof by *Transmutation* of *single* matter, with no *Instrument*; Can probably, and with facility; repair and mend this *Workmanship*, when out of order; with one exquisite *Instrument*, egregiously contrived for *Catabolic* use.

This

Curing Comprehensively.

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This Vital Principle (called *Nature*) is a Catholic free Agent ; daily performing various Offices, and contrary motions in Human Body ; yet all conspiring harmoniously, for the use and welfare of Vital Government.

This Governor and Supporter of the *Microcosm* ; operates universally, variously, and contrarily ; yet consentaneously, usefully, and necessarily. *Binds* and *loosens* ; *opens* and *closes* ; moves *upward*, and *downward* ; *Liquifies*, and *Coagulates* ; *Rarefies* and *Condenses* ; *transmits* and *retains* ; *transmutes* and *transubstantiates*, alimentary matter into various forms, and substances.

And all these different, and contrary Actions ; are performed (*efficienter*) by the Vital ruling Principle ; (*materialiter*) with a single alimentary *Juice* ; digested in the *Stomach*, to supply and enable every Part of the Body (differing in *Organization*, *Temperature*, *Texture*, and *Office*) to execute their various *Functions*.

If this supreme Agent, can perform various and contrary actions with *single Aliment* : Then probably that same Power, may cure various, and contrary Diseases, with *single Medicament*.

Can this transnauting Spirit, with Bread and Water ; make *Cbyle*, *Blood*, *Nervous Juice*, *Sperm*, and *Milk* ; various Liquors for divers uses, of the same alimental matter ?

Can this *transubstantiating* Principle, make *Blood* here ; *Fieſh* there ; and *Bones* in another place, of the same Food ?

If this Vital Spirit, can maintain and feed all the different Parts of the Body, with one alimentary Juice, *Cbyle* : Then probably and very reasonably, it may mend and cure all those Parts with one Medicine.

If *Nature* can do wonders with *single Aliment* ; very likely she can do wonders with *single Medicament*.

As *Nature* (the *Life*) doth distribute *Aliment* from the *Stomach* to all Parts of the Body ; she can as easily convey (*Materialiter vel Virtualiter*) a Catholic Instrument, into all those Parts to set them right. And this you must believe ; that no *Medicine* directs, or moves it self here or there in the Body ; but *Nature* dispo eth of it to *this Part*, or *that* as she stands in need ; conveying both *Nuriment* and *Medicament* at her pleasure ; at least to her Power ; and there is no power else.

This Vital Principle, is a dextrous Agent, that can do wonderfully for relief ; if the Physitian (*Minister Naturæ*) could provide such a Medical Instrument, so commodious to be Managed, as adapt for Catholic use.

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Mechanic or Manual Artists, externally placed to work upon their Subject (*circa quod*) have need of many Materials and Implements, to effect and perfect what they design, and are about: But the Regent Vital Principle, is seated more advantagiously; hath an internal residence in every Part of the Body, operating internally all the Functions; and therefore stands not in need of such variety of Instruments to work with.

You may understand from hence, the possibility to be very fair and rational on Nature's side; that she can manage a *Catholic Medicine* very well, to serve all the Operations and Intentions of Curing; is willing to receive, and ready to Operate, with such a useful and commodious *Expedient*; having the virtue and power of *Healing* (*efficienter*) wholly in her self: But the possibility of contriving and forming this *Catholic Instrument*, lies not so easie and probable on the Physician's part: (*Superat Caprum*) It is not to be done by guess, with *Pen* and *Ink* upon a piece of *Paper*, in the prescribing *Mode*.

Thus much shall suffice, to shew the Promptness, Energy, and Dexterity of the *Efficient* or Vital internal *Agent*; in complying and operating with a *Catholic Medicine*. I pass on to the next Stage; to set forth the Difficulty of the work to be done; and Probability of performing it.

PART II.

Giving the Account of Diseases curable Comprehensively.

THE Work to be performed is Curing *Comprehensively*: That is to say; levelling fairly and hopefully at divers Diseases with a *single radical Medicine*; and therewith to relieve a Multitude of complaining Persons.

Now here presents a prodigious Company of *Diseases*; of different kinds; and seated in several Parts of the Body, preying upon the Life: So many, and so variously assaulting; that in your Reason, may well require a vast Number of different and peculiar Medicines, properly to oppose them: And without such combined force; and various Medicinal Assistance; you do

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do believe, it is folly to attempt, and expect Success in the undertaking of so great a work.

To remove this *Difficulty*, and seeming *Impossibility* that lies in our way ; and to render a *Catholic Medicine* a likely fit Instrument to perform *Comprehensively*, against this great Company ; I shall make these two *Inquiries*.

First, into the *Number* of Diseases ; as by *Name* commonly distinguished.

Secondly, into the *Nature* of them ; as differing (*& fons*) by their Origin, from whence they aslurge.

Diseases in their *Number* by *Denomination*, I find them fitfully and injuriously multiplied ; seemingly but such, nor really so many ; which Error I have Detected and Corrected in another *Tract*, (*Inquiries into the General Catalogue of Diseases*) where for sufficient Reasons ; the first general *Division* of that Catalogue, I struck quite out ; as not being properly called *Diseases*, but are *Symptoms* only : Whereby a great *Abatement* is made, and the *Superfluous* number reduced to fewer, by a third Part. I refer you thither for farther Satisfaction ; not to repeat here.

Secondly ; (for another *Abatement*) Examining the *Nature* and *Essential* difference of Diseases ; I find most of them, not to differ so much in their *Nature*, as in *Name* ; from some Circumstances that make the Variegation, and give *Denomination* : Therefore, Diseases, tho' very numerous as commonly Denominated ; yet will reasonably, and very fitly, admit of a *Reduction* in *Number* : By contracting and associating them into a few Companies of *Affinity*, from their *Humoral Causes*, issuing from one and the same *Fountain*. And then, Diseases will no require such variety of peculiar appropriating Medicines ; nor such distinct *Methods of Cure* ; as commonly is practised, and appointed by *Authors*.

Circumstances attending Diseases, have been the occasion, and do often give diversity of *Names* ; as varying from

- i From different Parts affected ; as *Pleurise*, *Peripneumonie*, *Colit*, *Biac Passion*, *Sciatica*.

From the manner of Invasion ; as *Epilepsy*, and *Apoplexy*.

From the manner of afflicting ; as *Contusion*, *Catarrh*, *Rheumatism*.

From functions abolished, or depraved ; as *Palsy*, *Tremor*, &c.

Diseases

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Diseases are extravagantly and unneccesarily multiplied by *Denomination*; but they are not a quarter so many by their *essential* Caules and *Radication*: For tho' they are made thus numerous and different by their *Names*; yet many of them have great *Affinity*, and are near of *kin*, by their Origin, from their *Causes* of *Production*; and supplies for *Continuation* in *Being*.

The same *morbific Humour*, floating up and down, obstructing, infesting, and afflicting divers *Parts* of the Body, hath begot various *Names*: *Gout*, *Rheumatism*, *Colic*, *Fluxes*, *Stitches*, *Cramps*, *Convulsions*, *Feavers*, *Inflammations*, &c.

The same *Humoral Matter* that now makes the *Gout*; at another time procureth the *Colic*; sometimes a *Flux*; another time the *Head-Ach*, *Tooth-Ach*, or something else. Thus producing several Diseases, and *Symptomatical* appearances, from the same *Humoral Cause*; which to *Vulgar understandings* are seemingly so distinct, as having no relation to each other: Yet all these (oftentimes) being *bred*, and so fed from one degenerate *Matter*, will admit of the same Cure, by a true Radical, *Catholic Medicine*; having their Causation, and dependance from one *Original*.

So that Multiplicity of Diseases, and *Symptomatical Products* variously named, from Parts affected; Functions depraved; or Circumstances attending; does not so necessarily, and always require multiplicity, and variety of Medicines, and Methods, as some undiscerning Heads may think; being confounded by various *Names*, given to *Diseases* and *Symptomes*. But if it were not for this Invention; how should all the Drugs be confus'd? And how should the Physick Trade thrive; and the Shops be adorn'd, with painted Pots, and gilded Glasses? Great is *Diana of the Ephesians*; for by this *Craft* we get our gain.

From hence you may learn; that *various Names*, do not always present to you such *various Diseases*; not so different and distinct in their *Causes* as commonly represented, and supposed to be so. And now you may understand (if you have understanding) this Method of Curing *Comprehensively* by a Catholic Medicine; to be rational; and probable to effect what many People differently complaining, do desire.

Morbi multi unico Remedio curantur; cuiuslibet enim Membri plaga, non habet peculiarem semper causam; sed ab uno eodemque licet leniente, placere furgant affectus: Says a good Author. But most People must have a different Medicine, for every complaint they have a

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Name for ; else they think it not possible to Cure them, and ridiculous to attempt it.

Nominal multiplicity of Diseases, have *amused* the People ; puzzled young Practisers to adapt Medicines differently to each : And the Elder sort, are sometimes misled thereby.

Medicine is not to be appropriated after this manner ; and to vary, as Names are varied ; but to the Nature and Condition of Diseases, from their essential Causes ; many of them being the off-spring and of the same kind ; may be link'd together under one Denomination, and will admit of the *same* Medicine, properly and advantageously.

When all the dependant *Symptoms* (the discovering and declarative *Signals*) are reduc'd to their *Diseases* from whence they arise : And Diseases circumstantially denominated, comprised under proper Names ; from radical Causes as their general Heads (which are but few) the practice of Phyfick then will not be so extravagantly expanded ; nor so intricate and intangled ; but compendiously set forth in little Compacts ; more clear and easily comprehensible : The Intentions of Curing but few ; and the Number of Medicines not many : Success therein more hopeful ; with the Charge and Trouble more easie to Patients, in their courses of Phyfick.

To illustrate and prove in part, what hath been said : Take a Hundred Sick or Diseased Persons ; examine them where their several complaints do lye, what Parts afflicted or grieved : Some complain of their Head ; others of their Breast ; some of the Stomach ; others about the Region of the Liver ; many of the Spleen ; some of the Guts ; or Limbs, &c. And for all these complaints, your Physician will give you various Names to distinguish them by ; and peculiar Medicines, and different Methods for Cure ; as in practical Authors, you may find such like forms of Medicines, and Methods.

Then Inquire of the same Authors, and see what Judgment they give touching the Caule of all those Diseases, so differently seated, and variouly named : And you will find, that depraved Humours, and Obstructions ; are the general and principal caules assigned, for all those Diseases, tho' commonly reputed, as different, in their Nature, as they are in their Names : From which Contrivance, and Delusion, the appropriated Recipes have superabounded.

If so, as true it is ; then what shall hinder an *Elaborate Cathartic Medicine*, from being a fit and most commodious Instrument, to open obstructed passages of the *Cawls*, and common *Sauers* of Human Body ; and to give a free vent, for cleansing away all such degenerate and vicious *Stagnant* matter ; in this, or that Part where it resides, and infests : Especially if you have this Consideration ; that when the lower *Region* of the Body (so called) is fairly and fully discharged, of all the clogging reliefs of *Indigestion* ; then Vital *Emanations* and diradiating Influence from thence, are become more Vigorous, and powerful to relieve the remote Parts ; having their dependance and supplies from this Center ; where the Life is more eminently and principally Seated ; from thence exerting its supporting and governing Power, through the *Regions* of the *Microcosm*.

To answser the *Nominal* and unnecessary multiplicity of Diseases, (so differingly understood) there are *Thousands* of Medicines invented, and daily *more* are inventing : And for this purpose, to supply the contrivance, they rake all *Foreign Countries*, to bring in store of their unwholsome, and virulent *Weeds*, *Roots*, *Concretes*, *Juices*, *Barks*, *Minerals*, &c. to make variety of *malignant*, and ill *qualitised* Medicines. Any thing, and every thing that will make a wry *Face* ; that will Nauseate the *Stomach* ; or gripe, rake, and scour the *Guts* ; all that stuff serves for *Phylick* ; to make diversity of such ill *condition'd*, and *unlucky* Medicines.

But you must think them, proper and adapt to several Diseases ; and very necessary to answser the various *Indications* of divers Persons, differently affected.

People being thus mistaken ; yet think themselves very prudent and wary, and well provided for ; when they have purchased some conjectural appropriated *Recipes*, devised for their particular Case ; which particularity (very often) lies mostly in *Name* ; and not so much different, from the Diseases of other Persons ; if you trace them up to their *Original*, and general Causes.

After this Rate, of *appropriating* Medicines to Diseases, and to every *Individual* Person ; *Millions* of Medicines, (for *Millions* of People) will be but sufficient to supply the practice of *Phylick*, in this *Novel* and *irrational* Mode. And here I might upbraid, and Laugh at the *ignorancy* of the World ; having lost their *Understanding* in this matter ; and being imposed upon beyond all Reason.

By

Curing Comprehensively.

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By what has been said, you may plainly perceive ; that the work of Curing many Diseases (such as are *Curable*; and *Patient*) rightly endeavouring to be Cured in common Cases) lies fair and probable to be effected, by a *Catholicic* Expedient : The superfluous Number of Diseases being compendiously reduced ; and the *Nature* of them being thus explained.

The internal Vital Agent (termed *Nature*) having a true *Catholicic* Instrument to act with ; operates universally and powerfully, against a multitude of Diseases ; and endeavours Curing, more readily and safely, with an amicable, extraordinary, well proved Medicament ; by a Physician's Industry, and long labour complicated ; than with a number of Compositions conjecturally devised ; Prescripts transmitted to the Shop, to be made at a venture ; who then can tell, what they may prove ? But every sick Patient, must make the *Experiment*, of their new invented Medicines.

But when all this is laid ; Tho' I have reduced the general Practice of Physick thus freight ; in opposition to the common extravagancy, and unnecessary Number of Medicines ; to shew the Possibility of relieving many, and divers Complaints by a single extraordinary Medicine, and the Reasons for the Performance thereof : Yet it is not to be so understood ; as if I confined the whole Practice always so narrow and close, exclusive to *Plurality* : But that some obstinate and different Cases may, and do require sometimes the assistance of another Medicine ; specific, or of peculiar and different Operation ; to be used in the *Intermissions* of a Comprehensive *Catholicic* : And if it does not perform the whole work, and effect the Cure solely (as oftentimes it does) yet it bears a principal Part ; and the stress of Curing will lye mostly upon the Catholic ; if deservedly it carries that Title, and is no Counterfeit.

Diseases of *affinity*, by their origin of Causation from *Humoral* Matter ; depraved, abundant, stagnant, or erratic ; and lying within the verge of *Catholicic* Energy and Comprehension ; are such as commonly are distinguished by these Names : *Inappetence*, *Indigestion*, *Scurvy*, *Dropsey*, *Faundice*, *Hypochondriac Melancholly*, *Nauseousness*, *Vomiting*, *Fluxes*, *Spleen*, *Colic*, *Stitches*, *Rheumatism*, *Gout*, *Worms*, *Hemorrhoids*, *Aches of the Head, or Limbs*, *Corpulency*, *Vertigo*, *Epilepsy*, *Apoplexy*, *Asthmae*, *Coughs*, *Consumption*, &c.

Organic Diseases internal, dependant upon vicious Formation of Parts (*in utero*) from Errors of the *Plastic* Principle disturbed :

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If so, as true it is ; then what shall hinder an *Elaborate Cœlomic Medicine*, from being a fit and most commodious Instrument, to open obstruced passages of the *Canals*, and common *Sewers* of Human Body ; and to give a free vent, for cleansing away all such degenerate and vicious *Stagnant matter* ; in this, or that Part where it resides, and infests : Especially if you have this Consideration ; that when the lower *Region* of the Body (so called) is fairly and fully discharged, of all the clogging reliefs of *Indigestion* ; then Vital *Emanations* and diradiating Influence from thence, are become more Vigorous, and powerful to relieve the remote Parts ; having their dependance and supplies from this Center ; where the Life is more eminently and principally Seated ; from thence exerting its supporting and governing Power, through the *Regions* of the *Microcosm*.

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Organic Diseases internal, dependant upon vicious Formation of Parts (*in utero*) from Errors of the Plastic Principle disturbed :

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In *Magnitude, Situation, Figure, Connexion, or Disjunction*; These are to be accounted in the number of *Incurable*; and not within the Latitude of *Catholic Comprehension*; nor remediable by the Art of Physick. But for as much as such Causes are undiscernable and latent, they pass only for difficult and contumacious; and are *relievable in part*; by mitigating the *Products and effects* thereof: And so far the *Catholic Expedient*, is a secure and hopeful *Remedy*.

Diseases of *Discontinuity*, (so termed) External and Chirurgical: As *Wounds, Ulcers, Contusions, Apertures, &c.* requiring manual Operations: They are not fully comprised under *Catholic Comprehension*, but only in *part*; and therein, the *Catholic Expedient* performs a necessary Office, as a great Assistant to Surgeons in such Cases; by keeping the Body in due order; restraining a *Flux of Humours* from resorting to the *Part* grieved; thereby promoting and disposing Nature to heal.

Diseases of *Discontinuity*, internal: As *Wounds, Ulcers, Contusions, Apertures, &c.* where *Manual Operations* cannot be exercised: Such preternatural Affects, are primely and fully included within the Power of the *Catholic Arcanum*; which supplies the Surgeon's part dexterously; and performs as Natures adapt Instrument, above all *Physical Remedies*: To remove Impediments; to *Digest, Mend, and Heal*. In deplorable Cases of this kind; I esteem it *Supreme Help*, more hopeful than any thing in Art: *experto Credet*.

PART III.

Setting forth the Commodious Use, and Adaptness of a Catholic Instrument; in Curing Comprehensively.

IN the *First Part*; having demonstrated the *Power*, and wonderful *Operations* of the *Vital Agent*, or *Efficient* in *Curing*.

The *Second Part*, sets forth the *Difficulty* and seeming *Impossibility* of the *Work*; made *probable* and likely to be effected.

In the *Third and last Place*; I shall exhibite to your view, the extraordinary Contrivance of Medical *Instruments*, accomplished with

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with multifarious Qualities, requisite to perform Comprehensively : And that is, the *Catbolic Medicine*.

Not devised conjecturally by the uncertain variable *Syndrom of Indications*, different in every *Individual Case* : (as the common unproved, fortuitous and hazardous Adventure, of prescribing Practice) But designed, formed, and often proved; by the general constant course of Functions, daily to be performed in Human Nature ; ordained the Law of Vital Government in *Mankind* : Which decent, Salutiferous Order ; to maintain, or restore ; this *Catbolic Engine* was contrived, for the *Catbolic internal Agent* to work with ; for removing *Impediments* to recover and confirm, the *Harmony* of Vital Operations ; discomposed or interrupted, here or there, in Human Bodies.

The *Catbolic Medicine* eminently declares its *Universality* ; and properly bears that *Title*, in these two Respects.

First ; as having a general *Amity* with *Mankind* ; being most agreeable with *Human Nature* : Operating calmly, pleasantly, and hopefully with *All* ; disgusting or disagreeing with *None* : But promoting all the necessary *Operations*, and aiding the *Functions*, daily to be performed in *Vital Government*.

Secondly ; as having *Enmity* with all the Diseases of *Seminal* and *Humoral Production* in *Man's Body* : Always, and in various *Cases*, shewing opposition thereto : and prosecutes such inbred secret Enemies to *Human Life* ; constantly and efficaciously.

The *Reasons* why ; and *manner* how ; appears evidently.

First ; from these two insignal *Properties* ; *Aperitive* and *Abstergens*, wherewith this *Medical Arcanum* is primeley endowed : Which two grand *Virtues* in conjunction, powerfully emaning from thence ; operates so effectually, and gives two such killing strokes, at the *Root* of all the *Seminal* and *Humoral Diseases* ; that the *Buds*, *Blossoms*, and *Branches* fed from thence (appearing variously, in divers Parts of the Body) do gradually wither, and die ; by *Prosecution*, and prudent *use* thereof.

Aperition and *Abstergion* ; are the two principal, and *Comprehensive Physical Operations* ; both *Preventive* and *Curative* ; against a *Multitude* of Diseases, if performed by such due means, requisite to do that *Salutiferous* work, as it ought to be done.

The common reputed *Purgatives* (malign and virulent stimulators) they do force open the Back Door ; they rake and empty the Body ; and sometimes alleviation does follow : But what

then? They carry a *Sting*, in their *Tail*; and leave some ill impressions behind, that stain and vitiate the Body; which lies breeding for another injurious Production; and in a little time, you must *Purge* again for that: This is labouring in a *Circle*, and find no *End*. Purging is Purifying (*ex vi veris*) by the import of the word: But if you *Purge*, and not *Purify*; much of your labour is lost.

The Catholic Extract, is no such Deceitful stuff; offers no injury to the tenderest Part; leaves no taint behind; but as a most Sovereign *Balsom*, it preserves living Bodies from *Putrefaction*; which will save the daily Labour of dressing stinking *Issues*, that many are constrained to, for a discharge of putrid *Humours*. It opens all the angust obstructed Ductures, and private Recesses; keeps sweet and clean all the Canals, and offices in the Body; Lets no filth abide, to annoy or impede the Vital Spirit, from diradiating its Influence to all the Regions.

There can no better *Expedient* be designed in Physick; to preserve Bodies from *declining* and *decaying*; and to help them out of a *Diseased* state; than such a wholesome secure Medicine, that effectually performs these two grand Offices of *Apertio*, and *Abfervio*. For these two Eminent Virtues, artificially and truly united in one wholesome Composition; they always are attended, and adorned with other Consorts of great worth; which follow one another inseparably; the one, making way for the other.

Apertio leads foremost; *Abfervio* follows, and introduceth wholesome *Purity*; this Ulthers in Healing, and Soundness to come after: Then Roboration and Vital Vigour, follows at the heels of these Precursors: After this manner, by such means; *Infirm* and *Corrupt* Bodies, are restored to their natural state of *Health*; and made able, duly to execute their internal *Functions*; by the strength of this Chain of *Virtues* link'd together in dependency, to produce great effects.

Thus the *Catholic Medicine* Assists Nature (the *Life*) to perform all her *Operations*; and thereby to extricate her self, from many and various *Diseases*, that depress and stifle Vital Vigour: Therefore 'tis not so improbable (as some of the *weaker* sort of People do imagine) that a *single* Medicine should be fitly applicable; and should have so large a Capacity and *Comprehensive* Power to command and subdue, many different Diseases, and in divers Persons;

Curing Comprehensively.

13

Persons ; since that Elaborate *Arcanum*, is so richly endowed, with such a Complication of the choicest Medicinal Virtues.

The Vital Principle being thus disintangled and freed from obstructing matter, and noxious Humoral Impurity ; recovers Strength and Vigour thereby, to conquer the many various Infirmities, arising from Debility, Laxation of Parts, stimulated Expulsions, and preternatural Contractions : Which includes a great number of Diseases, if particularly by Name they were reckoned.

Wherefore it is not so strange ; that a Medicine should be designed Catholic, for Curing not only divers, but also contrary Diseases ; since the same Causes (*in specie*) do produce both different, and contrary effects in several Persons, or Subjects they work upon : That which begets Obstruction, and Affliction in some ; produceth Debility of Retention, and Laxation in others. *Quicquid recipitur, recipitur per modum recipientis :* The Sun hardens the Clay, but softens the wax. This Catholic radical Instrument applying to Causes, for their removal in all Bodies ; and which being Substracted ; their various effects do vanish also, whether they be different, contrary, or consimilalr : which unfolds the Mystery of Curing Comprehensively. Diseases being the product effects, are multifarious ; when Causes producing are not half so various.

Consider also ; that the variety, or multiplicity and deformity of Diseases ; do not proceed so much different and dissimilar, from the Diversity of fluxile humoral and degenerate matter ; as from Fabrication, and Function ; Diversity of Organs, and Difference of their Offices. Therefore one and the same depraved matter, as it perambulates and lodgeth ; infesting several Parts of the Body ; does thereby beget Diseases of various Names, differently appearing, and differently molesting : what then shall hinder the Catholic Medicime from performing its Universal Office in Curing ? But supposing the Morbous matter be so various as you can imagine ; yet it lies fairly within the Latitude of Catholic Comprehension ; since Nature is Medicatrix.

Now observe, who it is that manageth this Comprehensive Instrument : The Vital regent Principle ; a Catholic Agent ; of Ubiquitary Presence, in the Machine of Human Body. That operates variouly, and contrarily, at one and the same time, in several Places ; yet consentaneously for Preservation of the whole : Opens, and Shuts ; Expels and Retains ; moves upward and downward, &c.

in

in the daily course, and Administration of Government.

Consider also, the various *Qualifications* of this Physical *Expedient*: Not forcing and compelling; but flexible and gentle, complacent and complying with the *Regent Principle*; to be conveyed *vere* or *ibere*, (*materialiter vel virtualiter*) and is made useful, as the *Cafe* requires: Yielding up such Virtue, as Nature (*Morborum Medicatrix*) stands in need of: In like manner, as the same *Aliment* is converted to various uses; so one Catholic *Instrument*, is applied to various Purposes. *Nature* directs, and hands the Medicine *bere* and *ibere*; to work *what*, and *how* she pleaseth.

And now I have Explained, and proved sufficiently; (by the *Agent*; by the *Work*; and the *Instrument*) this Mystery; That Catholic Adaptation to Human Nature, studiously instituted for Diversity of Persons, and Diversity of Diseases; (so understood as before limited) is as rational and hopeful; as peculiar Appropriation to a single Person: And herein is the safety of the Catholic, above the appropriated *Recipe*; for that is an often tryed, and well approved Medicine with *many*: But the appropriated to *Person* and *Cafe*; is an uncertain and dubious Medicine, because not experimented by *any*; but presumed conjecturally at a venture; being designed and formed only for the occasion presenting. And this is esteemed, the most Learned and safest Invention; for the *Great*, and the *Wealthy* to trust their Lives with.

Let the World dote on; and the Sham be their Help when they need; let Formality and Conjecture manage their Cures; *Sic Populus vult decipi, & decipiatur.*

I need not tell you now all the Diseases by Name; that this *Salutiferous* Expedient is proper for, and effectual: Sufficient it is, and more satisfactory that I have shewed you, how it opposeth the most of them, in their *Nature* and *Causes*: Whereby you may trust your own *Reason*; and not my bare *Affirition*. But some sort of People, that know nothing of Diseases, but their Names; will say, you have not told us what Diseases, the Catholic Medicine is good for.

To gratify the Desire of those weaker *Understandings*; I shall give in an *Account* of many by their Names, as commonly so called.

For the *Vertigo*, *Epilepsy*, *Apoplexy*, and *Convulsions*; a Remedy very proper in applying to their Causes.

Allays molesting Pains of the Head, or Limbs; Gout and Rheumatism: A most secure Anodyne; for that it draws off the morbid matter; and evacuates sharp, acrid, punging and corroding Humors; that cause such painful assaults.

Corrects ill Digestion of the Stomach; restores decaying Appetite; removing Nauseousness, and Fulness: And easeth out the Impressions of intemperate Drinking; Expectorates, and clears the Breast: Retrieves weak and Consumptive Lungs; For Asthma's, Coughs, Wheezing, and short Breathing; most helpful.

Against unwieldy Corpulency, disposing to some acute Sicknes; for Dropes, Scurvy, Jaundice, Obstructions and Inflammations of the Spleen, Pancreas, and Mesentery; Hypochondriac Melancholly; hard and big Bellies; proved herein, and approved.

A sure Preventive against the Production of Worms in Human Bodies: By Purifying, and Evacuating Vermineous pestilient matter, of which they are bred. Also a Curative Remedy to kill them, when generated and to bring them forth; they often bring the cause of dangerous Sicknes; most frequently with Children.

Gives speedy Ease in the Colic, and gripes of the Guts.

Restraints all violent, and contumacious Fluxes of the Belly: most certain Help above any Method, or Medicine in this case.

To cleanse foul Reins, Ureters, and Bladder; that send forth strong scented, thick and muddy Urine; this absterive and purifying Extract, restores those Parts to cleanliness, and soundnes; preventing the former ill effects.

Extraordinary Means for weak Backs, Legs, or Genitals: For Strains and over Reaches; For Spermatic wasting, or involuntary Seminal issuing.

For Infirmities of the Female Sex, relating to their Monthly Purgations; being out of due Course; ill Colour'd, or Sented; Deficient, or extravagantly abundant; and to stay the Whites safely; by cleansing, purifying, and roborating: Nothing more available, than the right use, and due Prosecution herewith. A Jewel for Ladies Cabinets.

To restrain various suddain (*Hæmorrhages*) Bleeding; issuing from any Part of the Body: Head, Breast, Stomach, Fundament, or Urinary Ducture: This mitigates, retracts, and evacuates their Stimulating causes.

For Venereal taints, (called Claps) producing hot and sharp Urine, or (Gonorrhœas). Running of the Reins: nothing Cures more

more certainly and surely ; and may be managed with great *Privacy*. This commodious *Expedient* smothers such *Misfortunes*, by speedy Ease, and Help.

For Diseases appearing outward ; by *Spots, Pimples, Itch, Scabs, Scarf, Pustules, or Scrofulous Tumors* ; declaring an ill habit of Body, and foulness of Blood : This *Extract* is proper and effectual, for a purification of the *Vital Stream*, and rectifying the Nutritious Juices that are depraved.

Against *Nocturnal indisposition* to quiet rest ; and injurious *Vigilancy*, from secret Molestations, and uneasiness in *Body* : This is the most likely *Remedy* to find out, and to remove the latent *Causes*.

For various kinds of *Fever*s ; obscure and dubious in their *Dependencies* ; this is most rational means to confide in, as radically applying to *Causes*, and *Parts* primarily affected ; discharging its *Virtues* there. A well tryed Engine to extinguish *unknown* mistaken *Fever*s : Known to the *World*, but ~~by~~ *Name* only ; therefore darkly and perniciously prosecuted, with Cooling *Juleps, Emulsions, irrational vexatious blistering Plasters, &c.* of fatal consequence to *Myriads* of People. By such erroneous Methods, and injurious Meats ; the Fleet Fevers, and Camp Fevers, have too often, slain more than the Enemy.

A very useful and necessary Medicament, to promote External Chirurgical Cures ; by drawing off, and evacuating all Humoral offending, retarding matter ; and thereby disposing Nature to Heal ; else External Applications avail little, and take up a long time to perform.

But for curing *Wounds, Contusions, Apopstems, Ulcers, Fistula's, &c.* internal : This singular *Traumatic Medicine* does all the work ; singly performing the office of *many*, and more securely ; satisfying the three grand Intentions, to *Digest, Mundify, and Cicarize*, in due order. Of needless important use ; and claims the first Place in *Surgeons Chests of Fleet, Armies, and Hospitals* ; where this insignal *Vulnery, and Sarcotic Arcanum* is wanted ; which would do better Service, and save more Lives ; than all the internal Medicines they are provided with. This alone Acts a dextrous *Surgeon's Part, (internally)* in such secret places, where neither his *Eye* can discern, nor his *Hand* come to dress you : Then this *Sovereign Balsamic Remedy*, is more helpful, and to be depended on ; above all the Methods, and multiplicity of Medicinies,

Medicines, appointed by Authors, or used by Practisers.

This hopeful Expedient, puts a stop to the latent dangerous Progress of Pains, to Inflammations, Tumors, Apostems, Ulcers, Cancers, Gangrenes, and Mortifications, internal: The most frequent train of Mortal Diseases; which hath brought more to the Grave than any Complication, or Commutation of Diseases whatever; because rarely discerned, or sought after, (disguised under a Fever) but when too late; by Dissection of the Dead. Upon this important Subject, I have Treated peculiary: Shewing the Causes of Inadvertency; and fatal consequents, of not discerning in acute Diseases, the Transition of this common lurking Series; if not prevented.

The Catholic Remedy is a great Help to Ancient People; for making their Lives more easie and comfortable; Age being attended with Infirmities: Their Bodies grown stale and sour; produceth Rheums, Coughs, short Breath, sharp Urine, Aches, swel'd Limbs, tender and gouty Feet, or other Decays of Nature; against which, the Medicine will give them much Assistance, and mitigate their Complaints; being the best Expedient imaginable, to Repair and Mend old decaying Bodies; that they may be serviceable a longer time. Habitability and Soundness of Body; promotes Durability and Prolongation of Life: For if the Vital Regent Principle, labours under Corporal Impediments, and unfitness for use in Government; by so much is the Life abbreviated in Duration.

This Comprehensive Extract, is a proper good Medicine for a Disease that hath no Name; and for a Disease that hath a wrong Name: This seeks out, and finds out (*Natura dicitur*) when the Physician knows not what the matter is, nor where it is; when he gropes in the Dark, and knows not where to aim: This finds the way, (by Nature's guidance) goes readily, and rightly about the businels. This will not be deluded with the erroneous Notion of Fevers, (as Practisers have been) but finds out their various Dependencies, and exerts its Virtues there; for allaying the astuation of febrile turgid Fermentations; by subducting, dislodging, and dispersing their Causes.

If you tend this Medicine upon a wrong Errand; it will A^F, not as you intended; but as it ought to be done: Nature (*Medicatrix*) amicably receiving this good Assistance; and sensibly knowing where she is grieved; directs it here, or there, to the part primarily affected; and the Giver, hath no more Power of the Medicine afterwards.

A commodious *Vaſe* *mecum*; Portable, solid, and durable: Ready, and great Security, for Travellers by Sea, or Land: where no such can be Purchased.

Necessary *domestic* Provision; adapt and serving to various Cases; present and exquisite Help in Families; (for Country Inhabitants especially) upon emergent occasions. The Physician may be long in coming: and after that, Medicines may be long in Preparing, and coming: In the mean time, the Patient may be wrack'd with Pain; half spent, or past Recovery; and then the long look'd for Physick comes at last.

The good old way of Practice; was the *safe*, and only way that leads to true knowledge; when Physick and Physician had their *Abode* together, and went abroad together: But now they are separated, he is disabled; can talk of Diseases, but able to do nothing against them, without the *Help* of a Potbeary. What *ignis fatuus* led him out of the right way, I know not; the best *Plea* to excuse that Folly; is non *Compos Mentiſis*.

For *Ladies* and *Genilewomen* in the Country; that are charitable to their poor *Neighbours*; and would be helpful to *distressed*, *sick*, and *diseased* People, that implore their compassion; being disabled from getting their living. This *Medicine* they may rely on in various cases; and expect with such hopefull Means, to perform great *Cures*; and do that with a little sometimes, which might be difficult for a *Physician* to effect with a long course of common Physick. Hereby you will raise up living *Monuments* of your good *Deeds*; and procure the *Praises* and *Prayers* of many; that might have perished, or Live infirm and disabled, without such your pious Help.

For *Admirals*, *Generals*, and great *Officers*: For *Ambassadors*, *Envys*, and *Residents*; whose Lives are of great Importance to *Princes*, and publick Safety, upon their Enterprizes and Negotiations: This is *Cabinet Help*, above all they can procure in *Foreign Countryſis*; or what they shall purchase at *Home* to carry with them, as extraordinary Means, when they need. There may be a good Physician ready at Hand, (and there may not) but so good and secure a Medicine, may be too far off: And then some sudden devised composition; *hasty*, *new made*, *untryed* Medicines, must be trusted with the *Patient's Life* at a venture; and it is all but *venture*: In the Sick Man's good *Fate*, is the greatest *Hope* of Recovery: And this is the common Case, in the Prescribing Mode. This

This *Medical Instrument* being so useful, ready, and commodious Help, for all sorts of People high and low; ought not to be Concealed, or Confined within a *Private Practice*; which occasions this Publication: (*Impium est ea tacere, que si promulgata effent, multorum miserè decumbentium in levamen extarent.*) And may be received from the *Author*, upon Application. The *Quantity* appointed for this Purpose; containing about half a score *Doses*, to give a satisfactory Tryal of its *Virtues*, in any *Contumacious Disease*: Or to keep beside them ready, for any occasion that shall happen; it being durable for Years.

I am not a Stranger to Methods, or Courses of *Phyick*; and do use such Prosecution, when the Patient will, and can conform thereto; yet not with new designed, appropriated, untryed, and uncertain Medicines, formed by Indications, as in the Mode of Prescribing: But by interposing of a Medicine, or Medicines, of different Intention and Operation; (as the case may require) yet always such as are formed, and reformed by my own Elaboration,, well proved to operate, and perform the Intention amicably: And these Intentions are not *many*, the Medicines therefore need but be few, in any case.

But some are averse to the Addition and Variation of Medicines in a Method: Others cannot spare time, for such regular Attendance; to be confined and conforming thereto: And some cannot bear the charge of Physician's Visits. To such Persons this Expedient is most commodious Help; and the most Comprehensive, to answer their Desires in various cases; giving the greatest Liberty in the use thereof: (except great Weaknes, or extremity of Weather forbids that freedom) operating so calmly, deliberately, secretly, and almost insensibly; as not to impede, or distract business.

Some People that think themselves Wise and Cautious; defer the taking of *Phyick*, and wait till the Spring; thinking Winter an unseasonable time, and unfit for *Phyick*, tho' there be occasion enough for it. But I am of another mind, and think that the opportune time, when *Diseases* are *Springing*, to Nip 'em in the Bud; when they put forth and appear, by any Indisposednes, or Alteration in your self, tending towards sicknes, at any Season of the Year; that's a fit time for *Phyick*, whether it be Frost or Snow; (ordering your self suitable to the Weather) unless you can Procure a Ceilation; by perfwading your Disease to stay;

to forbear moving fowards and increasing : If not, delay no time but be doing ; If you have good Medicine to do with. Diseases in their Infancy are easily Commanded : But having growth and strength by time ; they may perhaps be too strong for you to Master ; at least more obstinate and difficult to deal with. *Obsta principiis,* — is the best Policy.

Some are afraid to take *Phyfick* in the *Dog-Days*, or *Hot Weather* ; as being a dangerous Season ; and they will stay till the *Fall of the Leaf* ; tho' there may be sufficient occasion for *Phyfick* before. But in the mean time, and by this Delay, perhaps your *Fall* may come : Some *acute* *Sicknes* (not timely prevented) may seize you, and lay you low enough : Then you will need no *Phyfick* in *Autumn*. True it is ; Such hot *intemperate* Weather may be a dangerous time, in promoting and exposing to *Sicknes* ; by raising a *febrile* Fermentation and *Ebullition* of the Blood ; as oftentimes it doth : But the Danger then, is in the want of good secure *Phyfick* ; and in the Neglect of an extraordinary, safe, and hopeful *Medicine*, that would allay and stop Proceeding. No *Danger*, or *Injury* in the taking of such *Remedy* in any Weather ; but great *Security* in the prudent and discreet *Use* thereof, by preventing a Danger threatened, or approaching.

Defame not a good *Medicine* by negligent, or insufficient Prosecution ; but proceed diligently, (if your Disease be considerable, contumacious, and difficult) don't expect *Miracles* to be wrought with a *Dose* or two ; but make a fair and full *Tryal*, before you desist ; allowing intermitting Days, according to Instructions for taking. Yet in some *Cases*, and those not a few ; one *Dose* or two, gives great Ease, and Help, in surprising Pains, and acute *Sicknes*.

Great is the *Mystery* of Curing Comprehensively : And great is the *Expedient* to Answer that Projection ; and greatly to be esteemed, for the Benefits accruing to People, of all Conditions and Quality ; that shall have the good *Fortune*, to experience the various laudable Properties thereof, adapt for their several Complaints. So ready, and easy to be taken : So safe, gentle, and pleasant in *Operation* ; that nothing hitherto, hath performed like it, as I can know of ; having been given to *Women* with *Child*, and little *Children* securely, and successfully ; as the most innocent, and wholsom for their use.

If any Learned Disinter, from this *Doctrine or Practice* delivered ; will make his *Exceptions* to any problematical Truth herein asserted : The *Author* promiseth an *Argumentative* fair Reply ; by traversing and clearing such Doubts and Difficulties, that may be started, out of the common *Traditional Learning* ; to which this Discourse, is *Foreign* and *Independent* ; being founded upon founder *Principles* ; and supported with *Axioms* derivative thence. That the *World* may be satisfied of the *Verity*, and *Usefulness* of this Work ; for an Establishment to Perpetuity : Not as a *Remedy* from Dying ; (*Man is Mortal*) but as the best of *Physical Means*, for *well and long Living*.

Aliissimus Salutifera Procreavit :
Hoc Polycreston Dictavit, & Benedixit ; Medicus fecit,
Londini.
Quod multis valeat ; omnibus Innotescat.

Postscript.

AFTER all this plausible *Discourse*, and commendatory *Assertions* of the *Catholic Extract* ; *Universality* of a single Medicine does not found so probable and acceptable in the Ears of many People ; as to confide in this general Remedy, and neglect other Help, in dubious and dangerous Cases : And methinks I hear some say, and not of the meaner sort, but of the higher *Rank* : we will so far give this *Author* Credit, as to believe this *Catholic Extract* to be a good, safe Medicine, and useful ; being often tryed with many Persons for some Years ; and approved by them for its manner of *Operation*, and the *Effects*.

Yet notwithstanding all that ; I who value my Life, and have Money enough ; will not venture it in this cheap way of *Physick*: I will take the Advice of my *Physitian*, (especially in *Sickness*) and if need be, a *Consultation* of *Physitians* for more security : To save my *Money*, and lose, or hazard my *Life*, is no good Policy.

I like your *Humeur* well: I am no disswader from *Advice*, and *Consultation*; (always provided——) if you can purchase the security of your Life, in time of Danger, with the expence of a little Money; you are very unwise, if you do not. But don't deceive your self, with an over-weaning *Opinion*. I'll tell you how far a *Prescribing Consultation* may conduct you safely; and where it will leave you, at *Hazard* or *Uncertainty*.

Consultation may give you the *State* of your *Cafe*; *Name* your Disease, or *Complication*, and *Parts* affected: What *Diætic Regimen* to observe, and what to avoid; whether *Plethora* be necessary, or not? and such like. So far, so good. But when *Consultation* deviseth, and forms any *new* appropriate Medicine by *Indication*, to fit it for your *particular cafe* (as you do expect) then you are not so secure, and well provided for in *Medicines*, as you imagine and believe; and that's the *main* point, wherein Curing does consist; and in which *Consultation* fails; at least, is very casual and uncertain.

-- You take wrong Measures; you Steer by a false *Compass*; in designing and forming of Medicines by Indications; for they are no *Pharmaceutic Rules* to form Medicines by; but Medicines are to be adapted to the Operations of Nature in Mankind: To promote this, or that Operation defective; or to advance an Operation, as conducing to some peculiar Intention in Curing; and Medicines thus formed, proved, and ready for use; are to be given by Indications, as various *Caes* may require: And therefore, Indications serve only for Conduct, and direction in exhibiting of Medicines; not in the designing and making for any particular Person.

For; I do aver against all the Learning *Prescribing* can pretend to, (Knowing that Mode very well) that no Medicine devised for *Person* and *Cafe*, by the best *Heads* that ever were call'd together in *Consultation*; can have that *safety*, *efficacy*, and *certainty* of Operation for the purposes intended; as a true *Cataphysic*, reform'd and well proved, to operate Comprehensively.

You think *Consultation*, can take such exact Measures of you, by their Examination; and to fit you with Medicines, as a *Taylor* does with a *Garment*. But that's your *Mistake*; for no Medicine is truly known; whether good and effectual, or otherwise; but by repeated *Trials*: And there is no Rule of *Præcognition* in *Pharmacy*, to know the Result of *Congruity*, and *Symmetry*, in such sudden invented Associations and Mixtures. And

And in this matter, I will Appeal to the most Skilful and Dextrous *Proficients*, in the designing and Elaboration of Medicines (far above any *Prescriber*) if ever they Projected any *new Medicine*, of considerable *Intention* and *Operation*; but proving and second thoughts, corrected some *Error*, and made Alterations for improvement: And he stops not there, but proceeds on for *Ministration*. And sometimes it happens, that the first Projection hath so disappointed *Expectation*, that he never proceeds farther; so nice and difficult is *Medicine*; that it requires much *Time*, studious *Thoughts*, and much *Labour*, to make it considerable, and a certain good Remedy, to perform a secure, and efficacious Operation.

If *Consultation* were to sit *de Die, in Diem*; for a considerable time; to *Select* and *Inspect*; to *Form* and *Reform*; to *Prove* and *Improve* every *Process*, thereby to arrive gradually to a compleat Medicine; Then I should like *Consultation* (of Doctors *Bar-macopeans*) above any *single Person*, or *single Medicine*: But all this *delatory* Proceedings cannot be allowed; the *Patient* requires present *Help*; and the appropriated new Medicine devised for him, he must take; whether it be good or bad; agree or disagree; he must prove it.

Upon these Considerations, I think my self more secure in *Phyick*, and better provided for, than a *Prince*: And I had rather trust the *Catholic* Medicine, in any dubious Disease, or surprise of Sicknes (often disguised under a *Fever*) than the Medicines Conjecturally designed, by the best convocation of *Prescribing Phisitians*, that ever was conven'd, for the greatest *Monarch in Europe*. And for this *confidence*, I might give sufficient Reasons to support it; but I refer you to what hath been said through this Discourse; and also to former Tracts; *The Practice of Phyick Reformed*, &c. and *Ignora Febris*, which having perused; then tell me what *Security*, and what *Hazards* you find in such Consultations.

I do not doubt but the *Duke of Savoy* had *Consultation* enough to get rid of his *Intermitting Fever* (*Anglice an Ague*) which was going, and returning; off and on again, for the space of a Year; to the disrepute of his *Phisitians*: they plied him with *Je-suits Powder* sufficiently, and too much; (as some *Practitiers* here do) knowing no better *Remedy*; for although this checks the *Paroxysm*, and often puts by the *Ague* for some time; yet the *Miners Aterbi* being left behind; the *Ague* returns again; or produceth some

some other Chronic Disease, and the Patient is left in a *Vile & Miserable State*; making new Complaints arising from the old Morbific matter.

The Catholic Medicine is no such fallacious Help; but would have done that Prince, truer and better Service, than all the Cortex *Peregrinans* of America; or what else, the Consultations of his Country could devise; and eradicate that lurking Morbous matter, securely and easily, in a tenth part of that time they were about it. Give this Medicine a fair Tryal in such like Cases; you will then find these words to be true.

Sir *William Hussey*, his Majesty's Ambassador to the Port; unfortunately (to the Confederates great los) Died at the point of his Negotiating a Peace: And the report came that he dyed of a Fever; that is, he Dyed of they know not what; for none dies of a Fever, tho' few dies without a Fever: *Febris est Morbi Symptoma, solummodo.* Febrile Heat is no Disease, but a Symptom dependant thereon; which Dependancies are many and various. I remark from thence; that his *Helpers* were insufficient, and the means pernicious: For if they prosecuted upon that erroneous Notion of a Fever (as reported) then there was a great Minister lost; and a great Affair miscarried by such Ignorance.

But what need I go so far as *Savoy*, or *Hungary*, to fetch Examples of *Male Practice* in *Fever*s, when we have it filed in every *Pharmacy*'s Shop in *England*; and promoted by many known Authors of Account; for Practiters to imitate.

Search the Files of Recipes between *Algate* and *Westminster*, inclusive; which cost so many thousand Pounds; (and probably some thousand Lives) there you may see the sudden Results of Prescribing Learning, in the time of need and danger: The conjectural Determinations, and hasty Designments in *Pharmacy*: There you may see, the killing Doctrine of *Fever*s put in Execution; and much more, if I had time to tell you.

But how the Medicine-Makers did operate, you cannot see that, but you may suppose. If Master *Pharmacy* has left off the Blue Apron; turn'd Gentleman, and a Practitier in *Physick*; the Boys will take care of the *Doctors* Prescripts; and then you need not fear, but they will be exactly prepared, *Secundum Artem*. But if a Medicine should chance to be spoil'd, or mistake happen; you must not know that; and 'tis well enough then.

POSTSCRIPT. 25

For many Reasons, I will not Dye in the mode of the Great, and the Rich: Consultation shall never fit about sending me away; I shall not venture my Life upon chance Practice. I cannot so well trust the Inquisition of a Jury of Doctors; for if the common Learning (which I don't like) should give them this information; then perhaps I may Dye for it.

I'll rather trust my Life with the *Catholic Extract*; because I well know what this hath Done; and what it will Do, in dubious and dangerous Sicknes: But what various Opinions, and differing Considerations in Consultation may do; that I know not, and am diffident: For I judge it more rational, and chuse rather to trust the Experiments already made, by a Medicine compleated Comprehensively; than Experiments to be made, by dubious Notions, and with uncertain, untryed Medicines.

This most useful Comprehensive Remedy is fit for a Prince; for I do believe (without Vanity) none of the Sovereign Potentates, hath the use of better; and I wish they all had so good: And it is also made fit for People of the lower Rank; because the Purchase is not great: and for their sake it was so under-rated; that they might not be excluded the Benefit; else it might deservedly be valued equal with Gold.

But did I say it was fit for a Prince? Then I'll say it again; because it is Supream in *suo genere*: for, the Materia Medica will afford no better; and Consultation cannot design better; never yet, so good.

That which is fit for a Prince (in this case) is also fit for the Fleet, and the Armies of a Prince: They are his Defence and Safety; then nothing can be too good for such Men, that venture their Lives to secure His; and all that is called His; Dominion, Kingdom, or Empire. If the common saying be true; *Best is best Cheap*: It is more especially so, in this great concern of Life in danger by Sicknes: Then do I think it the best State-Policy, to value the Lives of such Men by a due Estimate; and let them have such Medical Provision, as may do true and real Service, in the time of need; not the Formality of Physick, such as Marine and Military Men use to have; which I well know what it is; meaning the internal Medicines.

When a grand Fleet shall go out, with their Complement of Men, strong and healthy: and in a short time return, enervated and dispirited by Sicknes, or Indisposition of Body; and their

Number much lessened : Some thrown over Board ; many set a Shore sick and feeble. Does this come so frequently by Providence ? or by Improvidence and Imprudence ; through want of true Medicinal Stores, and due management ?

Princes do think, (as they are made to believe) that their Military Men, and their Mariners are well provided for in Physick ; but I think otherwise, for Reasons which they know not : And that a far better Apparatus may be designed for Fleet and Armies ; Medicines fewer in Number ; much less in Bulk ; more expedite and ready for Use ; more certain and efficacious to Answer Intentions ; more secure and easier to be managed by the Surgeons and Mates ; more commodiously portable to attend in Marches and Transports.

But how, and what all this may be ; 'tis time enough to give an Account, when demanded ; by those who are chiefly concern'd, and made sensible hereof.

When Epidemical Sicknes comes into Camps, and Fleets ; as Fluxes, or malign Scorbutic Fevers ; what powerful means is provided, but the Formality of Physick, to stop the Mortality of such Diseases ? The late Expedition into Ireland : That of the West Indies ; and scarce a Summer passeth without Memento's of Insufficiency, by Sea and Land.

There commonly attends wounded People ; confused Internally, or Fractur'd ; these Symptoms ; Pain, Watching, loss of Appetite, Costiveness, Febrile Heat, Apostemation, Putrid Sancies, &c. Such preternatural Effects, are dependant upon each other, as Causes and Effects : And to answer these Indications, various particular Medicines are appointed by Authors, and used by Practisers, in their Methods alternatively ; at the Discretion and Judgment of every Physician, or Surgeon.

Now to do all this internal busines Comprehensively ; I would level at the Syndrom concatenated and dependant ; with a Complication of Medicinal Virtues, operating Conjunctim in a single Medicine ; Which I judge more secure and certain, than a train of Medicines making their Efforts successively ; and also frantaneously ; in aiming at, and applying to Dependants, which do not require peculiar Medicines ; as not having the true Importance of an Indication.

Much more might be said as to the Military Practice ; but I pass it over, and must hasten to a Conclusion.

Three.

Three Things I must never forget; and therein think my self happy; accounting as *Providential Favours from Heaven.*

1. That the safety of my Life in Physick, was committed to my own Care and Management; being appointed this *Physitian*; not a *Patient* to *Physitians* and *Postbecaries*; and so oft in *Danger* as other Folks are, by the uncertainty and casualities that attend the common *Mode* of Physick.

2. That Providence turn'd me out of the *Prescribing Road*, many years ago; into a more secure and nearer way: That I might not be guilty of *Chance-Medly*, so oft as other Men are, in such a hazardous Chance Practice.

3. That by *Celestial Conduct* I arrived to the Knowledge of this *Catbolick Extract*; than which I know nothing in Physick so useful, and advantageous to preserve Human Bodies from *declining* and *decaying*; or so *hopeful* to *Recover*, out of many and various Diseases.

The two former, are Memorable *Evils* avoided: as are evident by, *The Practice of Physick Reformed*; and *Ignota Febris, &c.* The third, a remarkable *Blessing* to my self; and hath been likewise to many others; and may be so to *Thousands* more; if Incredulity do not bar them; and the vanity of their Opinions draw them not aside.

The first *Essay* of this Comprehensive Expedient, was made upon my self (about ten Years ago) and that in a desperate and extreme Case: I committed the whole *Cure* to this alone; not at a venture, but as satisfied (after some Days Tryal) nothing in *Art* could do more securely, placidly, and effectually. This was the *Digestive*; the *Abſorptive*; the *Purgative*; the *Anodyne*; *Julep*, *Clyſter*, *Traumatic*, and *Sarcotic*: Supplying the Place, and doing the Office of various Medicines (as Method requires in such long Courses, and difficult Cases) and the Operations answered, as I could wish or Desire.

Had I procured a *Confutation* of *Physitians* and *Surgeons*, they could not have done better; and perhaps not so well: Various *Opinions* and differing *Conjectures*, arising from many Heads, hath delayed, and sometimes frustrated a Cure; especially when devised, new form'd Medicines *pro re nata*, hath been put upon the work. In short; it then saved my *Life* (instrumentally, and eminently) and since that time the *Lives* of others; and probably it may yours, with diligent Prosecution, and discreet Usage.

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